

Hypoglycemia Strategy

Think "Big Picture"

- Diabetic hypoglycemia recognition and management practices will be consistent
- Policies and procedures will reflect best practice.
- Potential impact on patients of AVH are considered

Think Health Determinants

- Assessment, planning and intervention to assist with inpatient and home management of diabetes using evidence based practice
- Knowledge of disease and management of hypoglycemia reactions
- Patients are active and informed decision makers

Striving for Equity

- Hypoglycemia management is consistent among the nursing units and across the District
- Community DEC referrals offer ongoing support/follow-up.

Strategic Partnerships

- Link with Diabetic Education Centers and Educators
- Link with Food and Nutrition services including Dieticians.
- Collaborate with Physicians
- Partnership with Pharmacy

Think Multi Strategies

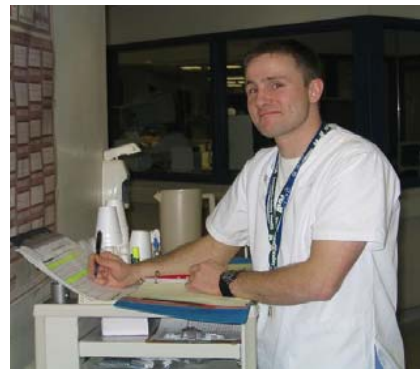
- Stakeholder feedback
- Needs assessment (kits, practice and education)
- Policy, procedure and algorithm development
- Competency assessment and support
- District wide communication strategy
- Sharing information with partners
- Education sessions in a variety of formats
- Support on the units (video, mentors)

Patient Benefits

- Early recognition of hypoglycemia
- Consistent evidence-based management of hypoglycemic Rx
- Through education, patients will be able to better manage their diabetes in the community
- Working together to improve health and chronic disease management

Our Vision

The diabetic patients of Annapolis Valley Health receive quality, evidence-based care.



Matthew Naugler, BScN

Matt, a member of the VRH Medical Unit, is an insulin dependent diabetic. Matt was instrumental in the development of the hypoglycemia policy, procedure and algorithm. His personal experiences provided staff with a first hand understanding of the important of effective assessment and management of hypoglycemia.

Matt exemplifies commitment to quality patient care through his ongoing mentorship and involvement in staff education.

Think About Evidence Based Data

- National / Provincial standards
- Research and literature review
- Informal case reviews of incidents of hypoglycemia
- Assessment of home hypoglycemia management
- Identifying key groups

Think About Evaluation

- Feedback from staff
- Staff self-competency assessment
- Review ongoing compliance with revised policy and procedure – chart audits
- Feedback from patients/families
- Evaluation of barriers that affect patient compliance
- Evaluate rates of hypoglycemia and response to treatment

Think About Empowering Practice

- Lunch & Learn sessions
- Key educator with personal experience and expertise
- Tele-health presentation and video taping
- Updated hypoglycemia kits
- Algorithm and updated P&P
- Wall posters
- Sharing of information with Quality Teams

Capacity Building

- Feedback from people involved
- Patients become informed decision makers
- Consistent approach
- Link between acute care & community
- Allowing people to take ownership of their health

Think Multi Sectoral

- Involved many departments
 - Pharmacy
 - Nursing
 - Physicians
 - DEC
 - Dietary
- Initiative taken on by the Acute Care Medical Quality Team



Acute Care Medical Quality Team



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