

## Foundations

Donations to our hospitals through the Health Services Foundation of the South Shore (supporting South Shore Regional and Fishermen's Memorial) and the Queens General Hospital Foundation are used to purchase much needed equipment and to support hospital programs. Your contributions help our staff continue a long-standing tradition of quality care.

*All donations are tax deductible and official income tax receipts will be issued.*

Visit the **Health Services Foundation** Office at SSRH or the Business Office at FMH, call 543-8065, or mail your donation to:

Health Services Foundation  
PO Box 492  
Bridgewater, NS,  
B4V 3X6

Donations to the **Queens General Hospital Foundation** may be made in person at Queens General Hospital or by mail to:

Queens General Hospital Foundation  
PO Box 528  
Liverpool, NS,  
B0T 1K0

*Thank you for your support.*



Visit us at:  
[www.ssdha.nshealth.ca](http://www.ssdha.nshealth.ca)



## General Information

# Partnering with our Community

South Shore Health is one of nine health districts in Nova Scotia created in January 2001 to oversee the delivery of health services in the province.

Under the governance of a volunteer Board of Directors, South Shore Health is responsible for South Shore Regional, Queens General and Fishermen's Memorial Hospitals, as well as several community-based programs including Public Health, Mental Health and Addiction Services.

South Shore Health provides community and hospital-based services to the more than 60,000 residents of Lunenburg and Queens Counties, as well as residents of neighbouring communities in Shelburne, Annapolis and Kings counties.



More than 850 employees and 90 medical staff work within the organization to provide quality health care. Our team of health care providers are committed to a high standard of professional and technical excellence.

Within South Shore Health, the Lunenburg and Queens County Community Health Boards help assess local health needs and develop community health plans which identify ways to improve the overall health of the community.

Foundations, Auxiliaries and Volunteers also work to improve the care and comfort of patients and enhance the programs and services offered in the District. Members dedicate hundreds of volunteer hours annually to raise funds for much-needed equipment. They are among the hundreds of volunteers who contribute their time and talents within our hospitals and programs to support local health care.

### Our Vision

The people of the South Shore Health District united for our collective good health and well-being, making our community the health leader in Nova Scotia.

### Our mission is to provide leadership by:

- including families and individuals as integral partners
- encouraging individuals to take responsibility of their own health
- achieving healthy outcomes and lifestyles
- integrating health services
- providing community-based service
- collaborating with stakeholders
- delivering quality services where and when they are needed

### To accomplish our mission we value:

- efficient utilization of resources to meet the district's health needs in a holistic manner
- collaboration with all who share responsibility for health, employment, education, social support and environment of our citizens
- open governance and administration
- innovation
- lifelong learning

## South Shore Regional Hospital

90 Glen Allan Drive, Bridgewater, NS B4V 3S6  
902-543-4603

**South Shore Regional** is a primary and secondary care hospital and designated District Trauma Centre with 85 Medical, Surgical, Intensive Care, Obstetrics, Pediatric and Mental Health inpatient beds.

### Services provided include:

- 24-hour Emergency Department
- Laboratory Services
- Diagnostic Imaging (radiography/fluoroscopy, ultrasound, mammography, CT scanning, nuclear medicine)
- Surgery (inpatient and day surgery includes endoscopy, urology, gynaecology, orthopedics, plastics, oral, dental and ophthalmology)
- EKG (general services, stress testing, pacemaker follow-up, stress echocardiography, holder monitoring, blood pressure monitoring)
- Inpatient Mental Health
- Family Practice
- Rehabilitation
- Respiratory Therapy
- Palliative Care
- Pharmacy
- Ambulatory Care
- Volunteer Services
- Walk-in Clinic



### Medical Specialties

- Anesthesiology
- Cardiology
- Gastroenterology
- Internal Medicine
- Obstetrics/ Gynecology
- Ophthalmology
- Pathology
- Pediatrics
- Psychiatry
- Radiology
- Respiratory
- Rheumatology

**Clinics:** Sleep Disorder, Chemotherapy, Internal, Family and Physical Medicine, Orthopedics, Colposcopy, Ostomy, Gynaecology, Ophthalmology, Plastic and General Surgery, Urology, Dietary Counselling, Psychiatry, Pre-Assessment, Breast Feeding, Heart Function, Prenatal, Obstetrics and Pediatrics

## Fishermen's Memorial Hospital

PO Box 1180, Lunenburg, NS BOJ 2C0  
902- 634-8801

**Fishermen's Memorial** is an acute care community hospital with 28 Medical, Alternate Level of Care and Addictions Services inpatient beds as well as a 23-bed Veteran's Unit.



### Services include:

- 24-hour Emergency Department
- Laboratory Services
- Diagnostic Imaging (bone densitometry, radiography, fluoroscopy, )
- Addiction Services (Withdrawal Management)
- Community Asthma Care Centre
- Diabetes Education Centre
- Ambulatory Care
- EKG (general services)
- Respiratory Therapy
- Internal Medicine
- Family Practice
- Rehabilitation
- Palliative Care
- Pharmacy
- Volunteer Services

**Clinics include:** Asthma, Cardiovascular, Diabetes Education, Geriatrics, Gynaecology, Internal and Family Medicine, Laser Therapy, Obstetrics, Orthopedics, Orthotics, Pain, Physiotherapy, Plastic Surgery, Prenatal.

## Queens General Hospital

PO Box 370, Liverpool, NS B0T 1K0  
902-354-3436

**Queens General** is an acute care community hospital with a 22-bed Medical Unit, which includes 3 Concentrated Nursing Care beds, as well as a Day Surgery Unit.

### Services Include:

- 24-hour Outpatients/Emergency Department
- Laboratory Services
- Diagnostic Imaging (radiography/ fluoroscopy )
- Surgery (general day, oral, dental, endoscopy )
- EKG (general services, stress testing, pacemaker follow-up, holter monitoring)
- Ambulatory Care
- Respiratory Therapy
- Family Practice
- Addiction Services
- Rehabilitation Services
- Palliative Care
- Pharmacy
- Renal Dialysis (Operated by QEII)
- Volunteer Services

### Medical Specialties

- Internal Medicine
- Cardiology
- Respiratory
- Gastroenterology



### Clinics include:

Orthopedics, Diabetes Education, Pediatrics, Colposcopy, Internal and Family Medicine.

## Services South Shore Health offers in the community include:

**Addiction Service** promotes health by providing prevention and health promotion programs, and treatment services related to drugs, including tobacco and alcohol, and gambling.

**Mental Health Service** provides both in and out patient clinical and health promotion programs. Core services include therapy, acute inpatient care and crisis intervention.

**Palliative Care** offers comfort and support to individuals and families facing a life-threatening illness both in hospital and in the community. Core Services include pain and symptom management, social, emotional and spiritual support, caregiver support, bereavement support, volunteer services, equipment loans, resource materials and education.

**Public Health Service** works with communities, families and individuals to identify health needs and assets, and supports individual and community action to prevent illness, protect and promote health, and achieve well being. The three core services are Communicable Disease Prevention and Control, Non-Communicable Disease and Injury Prevention, and Health Enhancement.

**Social Work Service** offers social, economic and psychosocial counselling and assistance to clients and their families and helps the health care team understand the significance of these factors in relation to the client's illness, treatment and recovery.

**Primary Health Care:** South Shore Health is also responsible for planning, integrating, implementing, and evaluating enhancements to our primary health care system. Primary health care is concerned with all the factors that promote health including income, education, and personal health practices. Primary health care empowers people to take care of their own health and to take an active part in planning, policy making, and delivering health services in their community. Primary Health Care services include health education and promotion, prevention, rehabilitation, palliative care and support and treatment for illness and injury.